

JULY 2008

LAKE MARY

Mon	Tue	Wed	Thu	Fri	Sat
	1 1:45 B2 Rumba (Patterns) 7:00 BB F Trot 7:45 B4 Grounded for Rhythm 8:30 B2 Cha L/F	2 1.45 BB-Swing L/F 7.30 B1 Samba Tech 8.15 B3 Smooth Styling 9:00 Practice Lesson	3 1.45 BB-Open 7.00 Isolation/Stretch 7.45 B4 Bolero Tech 8.30 B1 Rumba Bal/Connection	4 **CLOSED** HAPPY 4TH OF JULY!!!!!!	5 **CLOSED** DUE TO HOLIDAY!!
7 7:45 B1 Cha Cha Amalgamation 8.30 BB Merengue patterns 9.15 B3-Tango Styling	8 *STUDIO CLOSED WILL REOPEN @ 5:30...*	9 1.45 BB Waltz Frame/Feet 7:30 B1 Meringue patterns 8:15 B3 Mambo 9.00 Practice Lesson	10 1.45 BB-Open 7.00 Isolation/Stretch 7.45 B4 Tango Patterns 8.30 B2 Rumba Cuban Motion	11 1.00 B2 Rumba Swivels x3! 6.45 BB Merengue 8.15 B1 Cha Weight Placement 9.00 Practice Lesson	12 1.00 Iso/Stretch 1.45 BB-Open
14 7:45 B1 Salsa Amalgamation 8:30 BB Hustle 9.15 B3 Waltz Rise & Fall	15 1.45 B2 Salsa Feet & Legs 7.00 BB Waltz 7.45 B4 Rumba Amalgamation 8.30 B2 Tango tech	16 1.45 BB Rumba Patterns 7:30B1 Hustle Amalg. 8.15 B3 Triple Swing Amalgamation 9.00 Practice Lesson	17 1.45 BB-Open 7.00 Isolation/Stretch 7.45 B4 Samba Tick 8.30 B1 Fox trot Push/Reach	18 1.00 B2 Foxtrot Grape Vine x3 6.45 BB Two step 8.15 B1 Tango Amalg. 9.00 Practice Lesson	19 1.00 Isolations/Stretch 1.45 BB-Open 2:30 B2 Tango (Patterns)
21 7:45 B1 Foxtrot brush brush 8.30 BB Cha cha 9.15 B3-Rumba Patterns	22 1.45 B2 Cha Cha Amalgamation 7.00 BB Rumba Amalgamation 7.45 B4 Balance for Smooth 8.30 Dance Sport Class	23 1.45 BB Hustle Amalgamation 7.30 B1 Rumba Feet & Legs 8.15 B3 Hustle Amalgamation 9.00 Practice Lesson	24 1.45 BB-Open 7.00 Isolation/Stretch 7.45 B4 Patterns Waltz 8.30 B2 Tango Tech	25 1.00 B2 Swing Tech 6.45 Beginner Pasa Doble 8.15 B1 Hustle Tech 9.00 Practice Lesson	26 1.00 Isolations/Stretch 1.45 BB-Open 2:30 B2 Salsa
28 7:45 B1 Swing Tech 8.30 BB Foxtrot Promenade x3 9.15 B3-Mambo	29 1.45 B2 Waltz Feet & Legs 7.00 BB Cha Cha Patterns 7.45 B4 Spiral w/ Sway 8.30 B2 Swing tech	30 1.45 BB Foxtrot Patterns 7.30 B1 Waltz Traveling 8.15 B3 Rumba Patterns 9.00 Practice Lesson	31 1.45 BB-Open 7.00 Isolation/Stretch 7.45 B4 Chacha Patterns 8.30 B1 Chacha Foot Placement		